
HAMILTON SENIOR NEWS

Hamilton Council On Aging

April - May 2006

WELCOME SPRING!!!

Greetings.....As we all look forward to warm New England spring weather, we hope Hamilton seniors will come out to enjoy the many activities planned by your Council on Aging. Please note if open registration is advertised, you must register in person. Keep your newsletter handy for quick reference of upcoming events and RESERVATION DEADLINES. If you must cancel your reservation telephone the COA office at 978-468-5595 and leave a message immediately. These programs are for all Hamilton seniors and we look forward to having you join us.

STAY HEALTHY SERIES 2006

Continuing with our Stay Healthy series.....plan to visit the Senior Center on the following Wednesdays; APRIL 12,26 and MAY 10,24 between 10 am - 12 noon for a free blood pressure check. No appointment necessary.

APRIL SHOWERS BINGO AND BOX LUNCH

WEDNESDAY, APRIL 19, 2006 - 12 noon .

Back by popular demand! Join us at the Senior Center for a box lunch (sliced turkey sandwich, potato salad, chilled fruit, brownie, juice) sponsored by the COA and SeniorCare to be served at 12 noon. After lunch try your luck at BINGO. Cost is \$3.00 per person. Register April 5 at the Senior Center between 10am - 12 noon. See you there.

“CHAMPIONS ON ICE”

BANKNORTH GARDEN, SATURDAY, APRIL 22, 2006

Hamilton seniors are invited to enjoy a spectacular ice show scheduled for 2 pm featuring Michelle Kwan, Sasha Cohen, Johnny Weir, Kimmie Meissner and many more. You will meet and leave from the Hamilton-Wenham train station, ride into Boston, and up the escalator to balcony seating in BankNorth Garden. This is a rare opportunity to enjoy these talented individuals. Balcony seat tickets are \$50.00 - COST FOR HAMILTON SENIORS IS \$35.00 PER PERSON (this includes your show ticket AND round trip train ride). WHAT A FANTASTIC DEAL sponsored by the Hamilton Council on Aging. Seating is limited to 25. Open registration will be held at the Senior Center, Wednesday, APRIL 5 between 10am - 12 noon. Don't miss out on this!!

FOXWOODS TRIP, LEDYARD, CT

MONDAY, APRIL 24, 2006

You asked for it! Bingo, slots, board games, Indian museum, and more. You will board deluxe motorcoach transportation at 6:45 am from the Senior Center, 299 Bay Rd. with an approximate return time of 6:30 pm. This trip includes casino time from 9:30am - 3:30 pm. \$15.00 KENO/\$10.00 FOOD TICKETS. Total cost per person is \$24.00 (includes driver's tip). Registration will be held at the Senior Center, April 5 between 10am - 12 noon. Make check payable to William Jenkins. No refunds after April 20.

“MAY FLOWERS LUNCH”; THURSDAY, MAY 4, 2006
North Shore Technical Vocational High School, Middleton, MA.

Hamilton seniors are invited to enjoy a delicious buffet style lunch prepared by the talented students of the North Shore Technical Vocational High School at a 12:15 seating. Your choice of breads, soup, main entrée of EITHER fish, chicken, or beef dish with dessert served buffet style. Cost is \$5.00 per person, includes tax and beverage. PAY ON YOUR OWN. Bus departure time from the Hamilton Senior Center will be announced. Reserve your place, April 5 between 10 am – 12 noon at the Senior Center. Seating limited to 25. Enjoy a change of pace!!

ANTIQUES APPRAISAL DAY; Henry Jensen Antiques
WEDNESDAY, MAY 17, 2006; 10:30 am – 12 noon

Dig out that hidden treasure from Aunt Ethel in your attic!! Join us at the Hamilton Senior Center, 299 Bay Rd. as Mr. Henry Jensen will assess the value of your “treasure”. There will be one free appraisal per person. Light refreshments will be provided.

WEEKLY OPEN HOUSE WEDNESDAYS; 10 am – 12 noon
HAMILTON SENIOR CENTER, 299 BAY ROAD

Please note two SPECIAL DATES on Wednesday, April 12th (10:30 am) meet Hamilton Selectman candidate, Mr. Richard (Dick) Low and Wednesday, May 31st (10:30 am) enjoy an interesting presentation on “funny money” by our own Bill Heitz.